





Dear Jeff,

Welcome to the June newsletter.

Firstly, I'd like to extend a big thank you to the teachers for bringing your students along and supporting the Gifted & Talented conferences. Julie & I have had so much positive feedback that she will be out again in July & August to conduct additional conferences

in regional Qld - visiting Gold & Sunshine Coasts, Cairns and Toowoomba.

If you wish to book for one of these events, more details and bookings can be made online here at: www.academyconferences.com

Sportsmind 3 Day Sports Hypnosis Training Workshop

5th - 7th July
Full Details Here...

"<u>HOW</u> To Focus For Golf "

Jeffrey Hodges

Target Oriented Golf Seminar Berkshire, UK

Thur 7th July
Full Details Here...

Sports Hypnosis Training:

A reminder that my next program is running in just 3 weeks time and there are a few places still available. The Early Bird fee expires on the **24th June** and is \$795 for 3 days of unique and innovative coaching demonstrating how to use the resources of your subconscious mind to improve your sporting performances.

"Jeffery is a true master of hypnosis. Both his practice and teaching of hypnosis is world class and

Sportsmind & Target Oriented Coaching 1 Day Peak Performance Workshops

October 2011

Full Details Here...

he effortlessly demonstrates the power of the unconscious mind for elite athletes. The course has the perfect balance of theory and hands on practice that leaves one with a great confidence to use hypnosis as a performance tool with clients." - Michele MacNaughton, ex Olympic Hockey Player and Performance Coach.

Quick Links

Sportsmind Workshops

Sportsmind Books & CD's

Sportsmind iTunes

Where: SUNSHINE COAST - FLAXTON

Venue: Sportsmind Institute, 77 Flaxton Mill Road.

When: Tue 5th, Wed 6th & Thu 7th July (3 days)

Times: 9.30am - 4.30pm daily

Please visit the Sportsmind Website for full details.

Gifted & Talented Students:



Following from the success of the Gifted & Talented academic conferences, Colin Cromack and I will be presenting a conference for gifted and talented student performers.

This one-day conference will explain and demonstrate some unique Sportsmind and Target Oriented Coaching skills and techniques to help achieve greater consistency in performances, including Concentration & Focusing Techniques, Managing Anxiety, Getting into the Performance 'Zone' and Advanced Visualisation techniques.

Where: John Paul College, Daisy Hill, Brisbane, Qld

When: Tuesday 11th October 2011

Tuition fees will be just \$50 students, \$95 adults (the tuition fee will include a copy of the Six-Week Sportsmind Training Manual and Sportsmind Achievement Log valued at \$32.50)

A free teacher place will be offered for teachers/coaches bringing 12 or more students.

More details coming in the next newsletter but to register interest and /or reserve places for you or your school email Jeffrey at jh@sportsmind.com.au

Finally, a reminder that the best selling Sportsmind CDs are now also available to purchase for download directly to your iPod from iTunes: Sportsmind iTunes

"I've been a midweek tennis player for many years, and my form is often "patchy". After using just some of the techniques provided in your Sportsmind book, I have now reached new heights of consistency.....winning 20 of my last 27 sets. I highly recommend Sportsmind to any sportsperson!"

Graham George, Mooroolbark, Vic

Remember - Imagine (what it is you aspire to) ... Believe (you can achieve it) and Fly.

Warm regards,

Jeffrey Hodges Sportsmind Institute

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